

RESOURCE MATERIALS

BASIC NEEDS

Food

- [List of school districts providing meals to students](#)
- [Access Wisconsin](#): Helps families enroll in programs for food, healthcare, childcare, and employment services.
- [Wisconsin food pantries](#): Food pantries by region of the state

Housing

- [Department of Housing and Urban Development](#): Rental Help Guide for Wisconsin
- [Access Wisconsin](#): Tenant Resource Center
- [Tenant Rights](#)
- [Mortgage Forgiveness](#)

Physical Health

- [Department of Health Services](#)
- [Access Wisconsin](#): Access to healthcare
- [Center for Disease Control](#): COVID-19 facts/myths
- [Department of Health Services](#): Healthcare Coverage if unemployed

Internet & Cell Phone Services

- Free Spectrum Internet for households with children: 1-844-488-8395
- [DPI](#): Offers for Services and Resources for Schools during COVID-19
- [Public Service Commission](#): Internet Resources for Wisconsin Residents during Public Health Emergency



Finances

- [Department of Workforce Development](#)
- [UW Extension](#): Guide to Financial resources to help get through COVID-19
- [Community Action Network](#): provide services and coordinate community resources to help people struggling with poverty.
- [Department of Health Services](#): Worker's Rights in COVID-19

Childcare

- [Wisconsin Department of Children & Families](#): Child Care Resources and Organizations
- [Well Badger Resource Center](#): Supplies for Infants and Children, arranged by service area

Social Connection

Identify who their social contacts are (community, spiritual) and help them think about virtual connections.

- [Zoom](#): Free Video Conferencing
- [Webex](#): Free Video Conferencing
- [Facebook Messenger](#): Free Video Conferencing

FAMILY CARE

- [Wisconsin Department of Children and Families: Activities for families during Safer at Home](#)
- [Five for Families](#)
- [Family Resource Centers](#)
- [Foster Care and Adoption Resource Center](#)
- [CDC: Stress and Coping](#)
- [Resilience for Children & Families: Protective Factors during Covid-19](#)
- [NCTSN: Parent/Caregiver Guide to Helping Families Cope With the Coronavirus Disease](#)
- [NCTSN: Coping in Hard Times: Fact Sheet for Parents](#)

MENTAL HEALTH SERVICES

- [211 Wisconsin](#): Includes personal contact, if requested
- [Well Badger](#): Includes one-on-one contact, if requested
- [Behavioral Health Treatment Services Locator](#)
- [Mental Health America of Wisconsin](#): Resources by county
- [Regional Centers for Children and Youth with Special Health Care Needs](#): Includes contact by parent mentors, if requested
- [WIDPI](#): Focus on Mental Health and Wellness During School Closure
- [UW Extension](#): Helping Children Staying Home Alone
- [Department of Health Services: COVID -19 Resilient Wisconsin](#)
- [Child Mind Institute](#)
- [Center for Healthy Minds](#)

- [211 Wisconsin](#)
- [End Abuse Wisconsin](#)
- [Wisconsin Alliance for Infant Mental Health](#): A 20-minute call via video or voice can be scheduled with a volunteer facilitator. Calls can be scheduled from 5 am – 11:30 pm.
- [Disaster Distress Helpline](#): 1-800-985-5990 or Text TalkWithUs to 66746
- National Domestic Violence Hotline: 1-800-799-7233 and TTY 1-800-787-3224
- [Childhelp National Child Abuse Hotline](#): LiveChat is available at 1-800-4-Child (1-800-422-4453)
- [National Parent Helpline](#)
- [National Suicide Prevention Lifeline](#): 1-800-273-TALK (8255)
- [Crisis Text Line](#): Text TALK to 741741

HELPLINES



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